



KELSON AFTERNOON PROGRAM

PARENT, CAREGIVER AND WHANAU

TERM 3 NEWSLETTER



TĒNĀ KOUTOU & GREETINGS,

Welcome to the following children and their families: Tia, Aston, Miles.
We trust you are enjoying your time with us.

GROUP GAMES

This term we learnt some new group games Animal Kingdom,
Hunt the slipper,



FREEZE TAG WITH CAM

Freeze tag is a game that Tamariki at the OHK program frequently requests, and it never fails to bring excitement. While any tag game is popular, Freeze Tag stands out because of the strategic twist—it's not just about avoiding being tagged but also about freeing friends by mirroring their frozen poses. This added challenge creates a dynamic atmosphere where, at times, there's a frantic rush to free as many people as possible before getting tagged yourself. Other times, frozen Tamariki will chant for specific children to come to their rescue, counting on their speed and evasion skills to return everyone to the game. The creativity doesn't stop at the gameplay. Tamariki get really inventive with their frozen poses, making it just as challenging to mimic their stance as it is to reach them without getting tagged. Sometimes, when the game gets intense, I jump in as a wildcard, freeing as many Tamariki as I can before they inevitably catch me too. The joy and energy in these moments make Freeze Tag a highlight for everyone involved.



RUNNING RACES WITH JACK

I ran races for the kids, in the spirit of the Olympics. These weren't typical races; the instructions were different each round. The aim was to get to the end of the court and back as fast as you can. However, when the children got to the end of the court, they had to do physical challenges before returning. Here are some examples of the exercises they did at the far end of the court:

- Do five frog jumps; a frog jump is where you bend down and touch the ground and from that squatting position you jump as high as you can.
- Do five tuck jumps; tuck jumps are where you jump as high as you can, tuck your legs up and grab under your knees in a tucked position.
- Do five burpees; burpees go from a standing position to a push-up, back to a standing position followed by a jump, then a push up.

In each round there were different ways to get to the end and back:

- Hop to the end and on the way back it was skipping.
- Wheelbarrow races
- Crawling on all fours

Do leapfrog jumps there, and on the way back do alternating side steps. Leap frog jumps are when you bend down, touch the ground and jump as far as you can till you get to the end. These exercises give the kids a good physical challenge as well as introducing them to exercises to improve their athleticism. The kids had fun being active and gave their all. They were very energetic, and they impressed me with their effort. I expected them to be tired after a few rounds like they become after the relay version of this game, however they were not. Instead, they were eager to go again and were enthusiastic and competitive. This game was a good chance for the energetic kids to burn off some energy. It also gave the competitive and active kids a chance to run around and be competitive.



SEWING WITH TAI

When we started only 4 children were interested on the first day of sewing. On the same afternoon one child completed a small pillow for her dolls, the other one finished her heart shaped cushion. As soon as the others saw the finished products, I was surrounded by double the number of kids wanting to sew. We continued for a week and oh my goodness we ran out of materials!!! As it was so popular the children kept asking for more sewing. One girl made a top for herself, and the other made a skirt very creative. As for me before the child sits on the hot seat, I ask that their listening must be switched on. When I say 'STOP' they must take their foot off the paddle.

I fully trust the tamariki as my fingers are still all attached.



ORIGAMI WITH SHAYNA

We did origami and made butterflies and frogs. We had lots of fun and we'll definitely do it again soon! Pink was a popular colour for the butterflies, but we had all sorts of colours. Some kids would understand a step quickly, and some needed extra help with each step. The kids did a good job being patient and waiting for the next instructions, and while some struggled, they all gave it a go on their own.

REWARD CHART

This Term we decided to stay with individual rewards and still have weekly focuses and that is how we choose our Star of the Week.

The following children are the recipients.

| <u>Weekly Focus</u> | <u>Outstanding Winner of the Week</u> |
|------------------------|---------------------------------------|
| Consistently Awesome | Miguel |
| Sportsmanship | Evie |
| Caring and Kindness | Rheva |
| Tidy Kiwi (Packing up) | Imogen |
| Respect towards others | Theo |



Casual care information for less regular users. (Please note we do not swap permanent days).

- If you need a casual session, please email admin@oscarhouse.co.nz to request which day and session you require AND attach receipt of payment with your request.
- Morning fee \$13.00; Afternoon fee \$28.00. Please deposit to BNZ 02-0560-0031454-000 with the identifier of Casual, Surname & dates of casual attendance
Once the receipt is viewed, we will put your child's name on the register.

It is time consuming to have back and forth emails and this system avoids double handling and saves time and we really appreciate your assistance.

We are working on the basis that there are staff available and we will accept your request.

- Admin work a few hours in the morning and then catch up again around 2:30pm and respond by 2:45pm to any requests.
- If you book overnight, you will not get an answer before the morning session commences so assume that your booking (and payment) has been accepted. Take your child into the morning session programme and let staff know you've booked a casual session (as they will be unaware of the booking).

Thanks to all our regular casual attendance parents/caregivers who make it so easy for our admin team!

Nga mihi nui,
Dalena & Kelsey.



Best wishes from the Kelson Staff Team:
Jack, Shayna, Cam & Tai.